



Ketamine/Spravato

Your provider has determined that Ketamine/Spravato is part of the most effective treatment plan to achieve desired outcomes.

- Ketamine/Spravato is the only treatment for depression to provide immediate symptom relief and benefit.
- Most patients see a relief in symptoms at the first visit.
- In our experience, Ketamine/Spravato provides **symptom relief for over 80%** of people.
- Ketamine/Spravato are not considered addictive drugs.

What is the difference between Ketamine and Spravato?

Ketamine and Spravato (Esketamine) are similar, but they're not the same.

Simply stated, they have the same molecular makeup, but Spravato (Esketamine) is more potent than Ketamine. **Both can be used to treat resistant depression.** Spravato has FDA approval for Depression; Ketamine is used off-label for Depression.

Spravato may be covered by your insurance. Ketamine is not covered by insurance for depression.

If you decide to move forward with a treatment other than Ketamine/Spravato, bear in mind you are requesting to move forward with treatment that is proven to be less efficacious and less likely to provide the outcomes you want to achieve.

